



The Sustainable-Enough Garden

Call: 617-610-3850

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Website: thesustainable-enoughgarden.com

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ILLUSTRATED TALKS FOR GARDEN CLUBS

Gardeners care about the environment. How can we put our environmental ideals into practice in the garden?

I'm a home gardener like you. I'd like to tell your club about my journey toward sustainable gardening. I've done research, I've talked with experts, and I've tried out new approaches in my yard. Some worked well, and some completely bombed. Eventually I came up with new ways of doing things that are less work and better for the environment. I'll share my mistakes and successes and my decision-making process. My experiences will offer your club members a range of options for gardening sustainably. For a sample of my point of view, you can check out my book *The Sustainable-Enough Garden*, available on Amazon, and my blog at thesustainable-enoughgarden.blogspot.com/.

Talks:

Easy first steps to an earth-friendly garden

You can adjust your gardening methods to act on your environmental principles while still creating a beautiful garden. In this talk I describe a simple method for making compost and improving soil. I offer easy ways to make mulch from free materials you can find close to home. I reveal a time-saving, earth-friendly way to prepare beds for annuals and vegetables in spring. And I give you a quick recipe for making peat-free potting mix for use in your containers.

Welcoming native plants and insects to your garden

One of the best reasons to grow native plants is to provide food and habitat for native insects in our gardens. I'll describe choosing beautiful plants to attract beneficial insects and pollinators. I'll explain how you can strike the right balance of insects for your garden. I'll reveal some truths about native plants, the good citizens and the thugs. I'll offer garden maintenance tricks to make your yard hospitable to the right insects.

Thinking globally, acting in your own yard

What we do in our gardens *can* make a difference for the environment. In this talk I'll show how you can do your part to reduce pollution and energy use, conserve water, and prevent storm water runoff by replacing some of your lawn with smart, attractive alternatives.

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Testimonials

“Just a note to thank you for the delightful, informative presentation you gave to the Stoneham Garden Club in October. I have received countless enthusiastic comments from members who were impressed with your fact and fun filled style. We all went home with simple but important new techniques to make our gardening more sustainable (And the packages of potting soil were an added bonus).”
Chris Randolph
Program Chair, Stoneham Garden Club

“Your presentation was just wonderful, and I know everyone enjoyed it—very succinct and practical.”
Mary Dunlap
President, Brookline Garden Club

“We all learned from your experiences to create a sustainable garden as we all share the goals of reducing labor while being friendly to the environment.”
Liz Davey
President, Garden Club of Norfolk

“We enjoyed having you and your presentation at our March meeting. I’m sure our members have begun using your composting methods to enrich their gardens.”
Dianne Chambers
Vice President, Greenleaf Garden Club of Milford

About Rebecca Warner

I’m a geriatric psychiatrist who has always loved gardening. I’ve spent more than 30 years developing my garden in Newton. In 2011, inspired by Douglas Tallamy’s book *Bringing Nature Home*, I started to overhaul my garden practices to make a beautiful garden that’s also environmentally friendly. I’ve readjusted my approach to everything from soil improvement, plant choices, and planting techniques to lawn care and watering. My book *The Sustainable-Enough Garden*, available on Amazon, tells the story of my journey toward sustainability. I blog weekly at thesustainable-enoughgarden.blogspot.com.

Appearances

Massachusetts Horticultural Society
Auburndale Community Library
Holden Garden Club
Country Lane Garden Club Chelmsford
Aptuxet Garden Club Bourne
Stoneham Garden Club
Temple Shalom Garden Club Newton
Brookline Garden Club
Franklin Garden Club
Greenleaf Garden Club Milford
Harvard Garden Club
Norfolk Garden Club
Wayland Garden Club
Cohasset Garden Club
West Roxbury Garden Club Weston
Community League Garden Club
Andover Garden Club
Acton Garden Club
Hyannis Garden Club
Billerica Garden Club